



**Cherie L. Williams, MS, CIR**  
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**2012 Region 7 MetLife Scholarship Receipt**

- **What tips can you share on completing the scholarship/grant application? What's your best advice on the writing process?**  
Take your time! Also, I carried the questions with me in a notebook, and as the inspiration for the responses came to me, I made notes. I then made sure to organize my thoughts and proofread before submitting my application.
- **What was the best take-away from attending the annual conference?**  
The best take-away from attending the annual conference was the ability to network with HR professionals within the Health Care industry, and attend the forum with the CEO's of nationally recognized health care systems. Their wealth of knowledge and the emphasis placed on taking care of their employees was very eye opening.
- **How did the scholarship/grant influence your health care HR career? How has your career changed since being receiving the award?**  
The scholarship has influenced me to strive for higher levels than what I previously aspired. I am also inspired to assist someone in becoming affiliated with ASHHRA because I received that same assistance.