



Sample - compliments of the Colorado Healthcare Association for Human Resource Management

31. Chapter Reward & Recognition

- Recognize or reward chapter volunteer leaders other than ASHHRA Awards program.

Documentation Required: Submit documentation to substantiate completion.



www.chahrm.org
An Affiliate of ASHHRA



CHAHRM recognizes its members for accomplishments they receive, whether in the chapter or from outside organizations (see attached). In addition, we recognize each outgoing president with a thank you gift. Also, we recognize with a gift, as well as lifetime membership, those members who have gone above and beyond for CHAHRM. Some examples, although not all-inclusive, are 20-year members and previous ASHHRA officers

Career Strategies

As the Career Strategies Director for CHAHRM, I assist individuals with job searches in the human resource field within and outside of healthcare on a confidential basis. I network with a number of recruiters both locally and nationally.

I am currently assisting a well-qualified individual who is interested in a position as a Wellness Manager. She is a Registered Nurse and holds a Masters degree in Business Administration. Please contact me if you are aware of any such opportunities.

Please check the CHAHRM website for additional postings made possible by Jobing.com. To post a resume or job, click on the "Jobs" button from anywhere in the website: www.chahrm.org.

Marty Hurd
CHAHRM Career Strategies Chair
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Colorado Group Insurance Association "Career Excellence" Award



February 8, 2008, CHAHRM's very own Marty Hurd, Senior Vice President in Aon Consulting's Denver office, was honored to receive the "CGIA Career Excellence Award" from the Colorado Group Insurance Association.

The award is based on

- Professional and personal integrity
- High ethical standards
- Contributions to the employee benefits industry
- Community involvement
- Balance between career, family, and health
- A positive image of the industry for those outside the industry
- A role model for others within the industry
- Proactive in seeking positive change in the industry
- Contact with a large circle of colleagues and acquaintances

Marty has worked in the employee benefits field for over twenty years. She is the immediate past Treasurer of the Board of Cerebral Palsy of Colorado. She continues to serve in a Board capacity. She has been active in CHAHRM since 1992. She has also been an active member in the Western Benefits and Pension Conference, as well as the Colorado Human Resource Association. She is an alumnus of the "50 for Colorado" program, sponsored by the Leeds School of Business at the University of Colorado.

Congratulations, Marty!



Issue 21, September 2008

SHARE CARD RECOGNITION

SHARE cards are a great way to recognize someone who has gone the extra mile. Submit a SHARE card for any associate who went out of the way for you, came up with a new idea or showed leadership in your department. Congratulations to this month's SHARE card recipients and thank you for your extraordinary efforts to go above and beyond.

Marie Ballargeon, Operations
I would like to compliment Marie on the great job she does with weekend scheduling. She is always friendly and clear with patient information. Although I know she is extremely busy, she is always willing to answer questions in a patient and kind manner. —SR

Sheryl Carlson and Lisa Hester, Materials Management
Thank you Sheryl and Lisa for all your help with getting patient supplies during the parking garage closure and DNC week. You truly helped all the field staff and we greatly appreciate it!

Janice Horn, Physical Therapist
I want everyone to know I found Janice's work outstanding in every way. She is not only very skilled in her profession, but is able to form a superb and unique relationship with her patients. Your organization is lucky to have someone like Janice representing you. —Patient

Carla Ryan, Home Care RN
Carla's treatment, advice and judgment were far above anything that could be expected. Her interaction with me couldn't have been more exceptional. She was splendidly qualified in every way. —Patient

Associate Spotlight

Alisa Rathbun—Director of Human Resources, Denver



Alisa has been with Centura Health at Home for 5 years. Next month, Alisa will be awarded Outstanding Chapter Officer award by the American Society for Healthcare Human Resources Administration (ASHHRA) at the society's annual conference in Austin, Texas. ASHHRA is the only national organization to support the needs of health care human resources leaders and they are an affiliate of the American Hospital Association. "It is absolutely a privilege to work with the caliber Alisa brings to our organization. It is certainly not surprising that Alisa is being recognized for two consecutive years. We congratulate and celebrate Alisa and this well deserved award," said Erin Denholm, CEO. In her spare time, Alisa enjoys spending time with her son Zach, age 6.

Q: Tell us about your involvement with ASHHRA.
A: I have been a long standing member of ASHHRA and CHAHRM (the Colorado Health Assoc for Human Resource Management), which is the local chapter and have held various positions. I have been the President of CHAHRM serving my second year which will end in December. Our chapter will also receive a 4 Star Award in October which is the highest recognition a chapter can receive from the national organization.

Q: What have you learned from other ASHHRA members across the country?
A: I have been fortunate enough to attend meetings hosted by ASHHRA. We have been able to convince them how important all aspects of health care human resources is. They have a non-hospital board member whose role will be to seek feedback from those of us in home care, senior care, etc. in order to focus HR strategies that meet our needs also. I have also had the opportunity to meet HR leaders from across the country and can pick up the phone and call on them for information or guidance.

Q: What are you looking forward to the most this fall?
A: I am really looking forward to the holiday season, and enjoying it with Zach. From Halloween, to Thanksgiving to Christmas, we love the weather, the decorating and of course, the food!

Upcoming Events

| | |
|-----------------|--|
| September 3 | Quarterly Forum Denver Parkway 2:00 p.m. |
| September 5 | Quarterly Forum Denver Parkway 8:00 a.m. |
| September 11 | Quarterly Forum Denver Parkway 3:00 p.m. |
| September 22 | Quarterly Forum Pueblo 9:00 a.m. |
| September 29-30 | LDI Colorado Springs |

Race for the Cure

Join the Centura Health at Home team on Sunday, October 5th in Denver for the annual Race for the Cure. Family members and friends are welcome to join our team!

Team members must register by Monday, September 15 online at: komendenver.org by searching "Centura Health at Home" under team names.

Please call Paige Thompson at 303.561.5124 with any questions.



Welcome new associates to the Centura Health at Home family!

NORTH STATE

Helena Krieger, Customer Care Rep
Wynne LaFrance, Customer Care Rep
Jill Schmitt, Social Worker
Andrea Silva, Customer Care Rep
Jesica Villegas, Customer Care Rep

SOUTH STATE

Tracy Miller, RN
Robert Turner, Service Technician

Patient & Family Letters



To Porter Hospice,
My family observed firsthand the loving care that was given to my father at Porter Hospice at the Johnson Center. I was greatly impressed with the care given not only to my father, the patient, but also the love and concern given to us, his family. I cannot speak highly enough of the staff. I felt as if they became part of our family and they actually felt our pain and grief. It takes special people to work in hospice and I would like to thank each one of the nurses and volunteers for helping us to not only "get through" the dying process but to come through it with a sense that our father did not suffer and that he died with peace and dignity. I was greatly impressed with the care at Porter Hospice and have spoken about my experience to many friends and relatives. —Patient's daughter

Healthy Recipe of the Month

BREAKFAST ENCHILADA

This Mexican spin on an omelet is brimming with fillings: egg, pepper, tomato, garlic, cheese and cilantro. Serves 4. Recipe from WeightWatchers.com

Ingredients

| | |
|---|---|
| 2 sprays cooking spray | 2 large egg(s) |
| 2 tsp olive oil | 1/2 cup low-fat shredded cheddar cheese |
| 2 medium scallion(s), chopped | 2 Tbsp cilantro, fresh, chopped |
| 1 small green pepper(s), seeded and chopped | 1/4 tsp table salt |
| 1 medium tomato(es), chopped | 1/4 tsp black pepper, freshly ground |
| 2 medium garlic clove(s), minced | 4 medium whole wheat tortilla(s) |
| 4 large egg white(s) | 1/2 cup fat-free sour cream |
| | 1/2 cup salsa, medium or hot variety |

Preparation

Preheat oven to 400°F. Coat a shallow baking dish with cooking spray. Heat oil in a large skillet over medium heat. Add scallions, green pepper, tomato and garlic; sauté 5 minutes. Add egg whites and whole eggs; cook until eggs are scrambled, about 3 minutes. Remove skillet from heat and stir in cheese, cilantro, salt and black pepper. Place a tortilla on a flat surface; spoon 1/4 of egg mixture onto center of tortilla and roll up tortilla. Fill remaining tortillas with remaining egg mixture, then place tortillas side-by-side in prepared baking dish; lightly coat with cooking spray. Bake until golden brown and tortilla ends are slightly crisp, about 10 minutes. Serve with sour cream and salsa spooned over top. Yield: 1 enchilada, 2 table-spoons of sour cream and 2 table-spoons of salsa per serving.
4 Weight Watcher Points • 4 servings • Prep time 10 minutes • Cook time 18 minutes • Level of difficulty: Easy

